



LLUVIA MARTÍNEZ

CONTACT

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SKILLS

- Integrity
- decision making
- Organization
- Teamwork
- Responsibility

REFERENCES

Sharon Carias
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ABOUT ME

I am a leader with integrity, empathy, and creativity who puts my organizational, effective communication, and critical thinking skills to work on each project to achieve my team's goals. I want to learn how countries interact globally, how international politics works, and the norms that regulate people's behavior, while developing my ability to collaborate effectively in diverse cultural contexts. In the long term, I aspire to create an international organization dedicated to improving the well-being of the most vulnerable populations in Honduras and other developing nations to address the consequences of forced migration, political polarization, and impunity. <https://lluviamartinez.com>

EDUCATION

- International School, Tegucigalpa, Honduras (2017-present)
 - Bachelor of Science and Humanities
 - Current GPA: 3.89
 - Expected graduation date: June 2025
 - Honor Roll (2023-2024) / (2019-2020) / (2017-2018)

LANGUAGES

- Fluent English and Spanish (verbally and written with notable grammar)

EXTRACURRICULAR ACTIVITIES

SPORTS

- Cheerleading Team, International School, Tegucigalpa, Honduras (2023-Present)
 - Practice 3 days a week to prepare for performances and perform 3 pep rallies per school year (dance, tumbling, and acrobatics) in front of over 620 students at my school.
 - Cheering on school teams in 3 ABSH during the year alongside my teammates.
- Tennis Lessons, Tegucigalpa Honduras (2021-2022)
 - Obando Maldonado Tennis Academy, Casa Campo (2021)
 - Villa Olimpica Tegucigalpa (2021-2022)
 - Practice 3 days a week to learn basic tennis skills like serve, return, forehand, backhand, slice, forehand volley, backhand volley, and overhead.

PERFORMING ARTS

- Juvenile Pastoral Church, Risen Christ Parish, Tegucigalpa, Honduras (2023-Currently)
 - I practiced 5 days a week during Holy Week to perform the "Holy Way of the Cross" as an actress in front of more than 60 people.
 - I made a 1.50 x 1.10 meter Sawdust Carpet so that the church congregation can enjoy a beautiful event.
 - I attended weekly meetings to learn about the word of God.

VISUAL ARTS

- Media Team International School, Tegucigalpa, Honduras (2024-currently)
 - Club in charge of finding strategies for keeping the school social media active through friendly and informative Instagram and Tiktok posts.
- Carolina Carías Art Studio, Tegucigalpa, Honduras (2016-2022)
 - I attended classes twice a week to learn different artistic techniques and become a better artist.
 - I presented my works in 6 exhibitions at the Banco Atlántida exhibition and performed to present the artworks of the artist Francisco Pinto Rodezno in front of more than 80 spectators.

COMMUNITY SERVICE

- Founder of Bizkids Booklet, Tegucigalpa, Honduras (2023-Present)

A small booklet that teaches children between 3 and 8 years old how to create their own small business step by step and at the same time tells them about my experience as a young entrepreneur and the opportunities it can offer them.

 - Wrote a 24-page booklet to teach and inspire young children on how to start their own business.
 - Donated the booklet to 30 poor third-graders attending a public school, read it aloud, and shared their dreams with me.
- Point Tegucigalpa, Honduras (2023-Present)

Non-profit organization that provides education and food to children from low-income families.

 - Served as a translator to help 3 different groups of approximately 12 Americans throughout the summer communicate with public elementary school children and teachers.
 - Translated approximately 10 meetings during the summer and special holidays.

INTERESTS

- Art
- Cultures
- Photography
- Volunteering
- Travel

HONORS AND AWARDS

High Honors Award, Tegucigalpa International School, Honduras (2024)

- I won an award for having a 98% average in the first and second semester of my 11th grade.

Cheer Team Awards, Tegucigalpa International School, Honduras (2024)

- I won an award for being the most dedicated cheerleader out of 13 other people due to my impeccable attendance and willingness to try new things while learning new skills.

Ultimate Life Summit - JUNIOR GUIDE, Orlando, Florida, USA (2024)

- I won a full scholarship to travel and work as a guide to help students with their queries allowing them to enjoy the best experience.

Virtual Program AFS Global Stem Accelerators, Tegucigalpa, Honduras (2023)

- Out of 1,000 applicants from around the world, AFS selected only 180, including me.
- Advanced Certificate in Global Citizenship for Social Impact from AFS and the Center for Social Impact Strategy at the University of Pennsylvania.

High Honors Award, Tegucigalpa International School, Honduras (2022 and 2023)

- I won an award for achieving a 97% average in my 9th grade II-IV quarter and 10th grade first and second semester, respectively.

IE Academy - Tegucigalpa, Honduras (2021) IE Academy - Tegucigalpa, Honduras (2021)

- She won 2nd place for creating a story for the Spanish Language Day Short Story Contest.

High Honors Award, Tegucigalpa International School, Honduras (2020)

- I won an award for achieving a 97% average in my seventh term of Grade IV.

- **Operation Smile, Tegucigalpa, Honduras (2022-Currently)**

Non-profit organization that raises funds to finance operations for children with cleft lip and palate.

- (2023-2024) Contributed to the role of secretary by monitoring the activities and attendance of members.
- (2022-2023) Served on the Media Team where I created publications and brochures to promote activities.

- **Interact Villarreal, Tegucigalpa, Honduras (2021-Present)**

- Co-Coordinator of the International Service Committee (2023-2024)
 - We organize activities to meet people from other countries virtually, getting to know different cultures and holding debates on controversial topics.
- Co-Coordinator of the Public Image Committee (2022-2023)
 - I created social media posts to promote the club, share activities, and showcase our values.

- **Carolina Carías Art Studio, Tegucigalpa, Honduras (2016-2022)**

- Donated an art tray to Eagle and Sun School & Care Center to help with any needs they may have.
- Donated a painting to the Hospital Maria Children Hospital to create a brighter environment for them.

CLUBS AND ASSOCIATIONS

- **GRULAC JR., Tegucigalpa, Honduras (2023-Present)**

- Meet twice a week to practice debates, open conversations, and plan club activities.
- I prepared a speech on sustainable production and consumption, presenting it to approximately 20 people.

- **Knowledge Bowl Team, Tegucigalpa, Honduras (2023-Present)**

- Practiced two days a week for future competitions and participated in the National Competition (ABSH) as a starter against more than 10 schools.

- **Model United Nations (MUN), Tegucigalpa, Honduras (2022 - Present)**

- Met once a week to learn and practice opening speeches and position papers.
- Presented a position paper and gave an opening speech to 18 club members.

SPECIAL PROGRAMS

- **Ella Inc. Workshop Tegucigalpa, Honduras (2023)**

- I created a Social Impact Project from scratch and presented a 5-minute pitch in front of over 50 people, including 3 judges, 30 students and their parents.

- **Ultimate Life Summit Camp in Orlando, Florida, USA (2023)**

- I spent 7 days alone, away from home, networking with about 80 students from all over the world.
- I immersed myself in immersive experiences that ignited my inspiration and generated endless possibilities in my mind.

- **Mujer Joven, Partido Nacional, Tegucigalpa, Honduras (2021-Currently)**

- Member of a group of 170 women who campaign for a particular political party to help strengthen the country's democracy and institutions because they are fundamental pillars for the development of nations.

WORK EXPERIENCE

- **Founder of Lluvia's Lens, Tegucigalpa, Honduras (2024-present)**

- I created my own photography brand and covered 5 events in less than a month, taking over 600 photographs.

- **Media Manager at Picacho Sweet, Tegucigalpa, Honduras (2023-present)**

Company that sells packaged jalapeño, habanero and pickled peppers.

- Manage their Instagram account to gain potential customers, reaching over 200 followers in less than a year.
- Attended product tastings 4 times a month to learn about the market and improve the publications regarding it.

- **Founder of Eats and Treats, Tegucigalpa, Honduras (2020-2023)**

- I created a digital business selling sweet and salty treats when I was 13 during the pandemic, sponsored by Semprende, a government organization that supports local businesses and companies.
- I received approximately 40+ orders per month.
- I conducted more than 5 interviews on local TV media and digital platforms in Honduras, including TVC, Café Caliente TV, Rock n Pop and other content creators.